

The Mid-South's premier cycling event since 1986 and... since 2005,

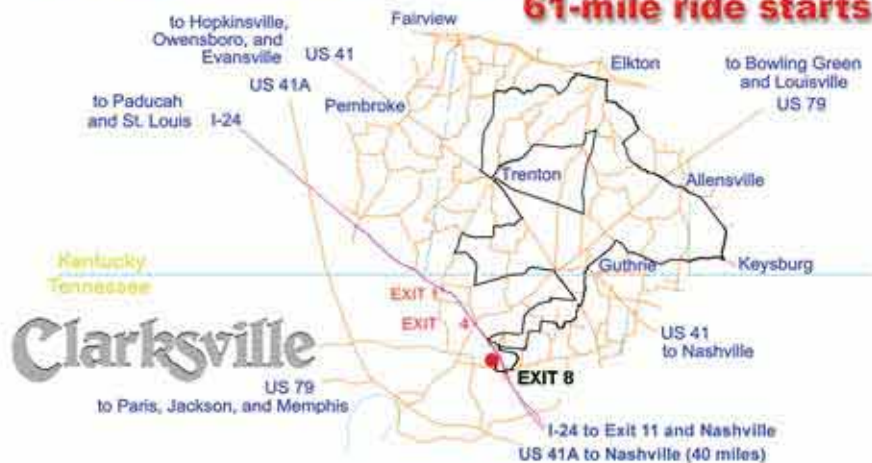
AMERICA'S SUB-FOUR

If they don't fairly tear along the dotted line, most riders ride say they ride at least a little faster on the Pennyrile Plateau. Here, something seems to happen to time. Tarry at nine rest stops, avoid grunting in between, and still, the finish comes sooner than first-timers expect. We've got hills, but maybe that guy from Florida had it right. "I don't know why it's faster here," he said. "Maybe shallow grades just ride faster than pure flats."

When you ride 100 miles in four hours, the news gets around—at bike shops, on Web forums, in the cycling press, in newspaper stories. For five years, we've scoured the Web, phoned organizers and clubs, and sifted through endless bike shop rumor and braggadocio. We'll publish a correction if anyone verifies a sub-four at an organized century that we've missed. We've tracked down 90. Forty-two are ineligible—set by pelotons that included tandems (counting the 11 solo bikes and one tandem that notched the now-disavowed 3:53:00 here in 2005) or by racers in sanctioned races conducted on century courses. We all know what a century is, an organized 100-mile tour, not a race—a non-competition recreational event meant for amateur athletes in our non-metric land of the free. By that standard, we can ascertain only 48 legitimate sub-four centuries. We've hosted all 48. Last year, our solo riders rode the fastest century ever, 3:44:55.

7 A.M. SATURDAY, SEPTEMBER 5

61-mile ride starts at 8 a.m.



Enter the campus by way of Bosley Lane or Cardinal Lane.

Here's how to get to ride headquarters on the Rossvie High School campus. It's six-tenths of a mile off Interstate 24, Exit 8. View campus details on the course maps at www.clarksvillecentury.com. Web map insets show the staging area, starting line, finish line, high school building (registration, showers, spaghetti), and abundant parking. Stay over, eat, and shop nearby at Exits 4 and 11.

Clarksville Sunrise Rotary Club
P.O. Box 1352
Clarksville, TN 37041-1352

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SUNRISE CENTURY

plus a 32-mile ride and then, at 8 a.m., a 61-mile ride

7 a.m. September 5, 2009

Clarksville, Tennessee, Exit 8, I-24

THE CLARKSVILLE SUNRISE ROTARY CLUB PRESENTS THE

SUNRISE CENTURY

the easiest 100 miles you'll ever pedal

